

# First Reformed United Church of Christ

*Where People Discover...  
The Love of God  
The Power to Love Others  
The Ability to Love Ourselves*

**February 18, 2018**

**11:00 a.m.**

**Lent 1**

**“Finding Your Cave: Listening Spaces”**



## **LISTEN**

*Welcome! If you are visiting with us, please fill out a pew card and place it in the offering plate when passed. Childcare for infants through Kindergarten is offered and hearing devices are available. Please let an usher know if you need assistance.*

*Please enter quietly and settle into an attentive and relaxed state of being. Let us begin this season of listening, of hearing that still, small voice and finding our own true selves.*

### **Music for Settling**

#### **\*Evoking the Mystery with the Chiming of the Hour**

*\*Bringing in the Light of Christ*

*“Come and Rest“*

*Solo: Come and rest. Come and listen.  
There’s a wisdom deep within that calls us closer.  
Come and rest. Come and listen.  
Lay the fullness of your lives before the Maker.*

Ellen Peterson

### **Silent Rest**

Sit quietly in the silence without any expectation of what you “ought” to be thinking. Don’t worry about sounds from children or elsewhere—simply let them float into and out of your attention. And if you find it difficult to settle your thoughts, contemplate the following:

*Listen past the noise.*

*Take the most adventurous trip of your life,*

*The one inside yourself.*

**Examen**  
(A prayer practice where we review our actions)

Elizabeth Horton

For that which, -- then, -- I thought was right...  
**have mercy, God.**

For that which, now, I regret...  
**forgive me, God.**

For that which, hence, I know not what to do...  
**guide me, God.**

Come and rest, come and listen.  
Know that grace, forgiveness and guidance are available to you  
at each and every moment that we turn to receive them.  
**Thanks be to God.**

**\*Opening Hymn**  
*"Come and Find the Quiet Center"* [Insert]

*Children are invited to come forward on the last verse.*

## **FIND**

### **Young Disciples**

Elizabeth Horton

#### **The Psalmist's Prayer**

*Psalm 5: 3-7*

*Reader:*

Patti Lovell

Lord, in the morning you hear my voice. In the morning I lay it all out before you

**People: Then I wait expectantly.**

Because you aren't a God who enjoys wickedness

**People: Evil doesn't live with you.**

But me? I will enter your house because of your abundant, faithfulness

**People: I will bow down at your holy temple, honoring you.**

### **Seeking the Word**

Elizabeth Horton

1 Kings 19: 11-12

*The scripture in this series will be done in an abridged "lectio divina" format—which means "divine reading." We will hear the scripture read once and then we will let that resonate for a bit with some music for the inward journey. What words or phrases popped out for you in the reading? Feel free to doodle in your Worship Guide with that word or phrase if you wish. When the music is over, we will hear the scripture read again.*

## Music for an Inward Journey

Anthem:

**“Amazing Grace (My Chains Are Gone)”**

**Arr. Raney**

*Amazing Grace! How sweet the sound that saved a wretch like me!  
I once was lost, but now am found, was blind, but now I see. Now I see, now I see.*

*‘Twas grace that taught my heart to fear, and grace my fears relieved;  
How precious did that grace appear the hour I first believed!*

*My chains are gone, I’ve been set free. My God, my Savior has ransomed me,  
And like a flood, his mercy reigns; unending love, amazing grace.*

*The Lord has promised good to me, his word my hope secures;  
He will my shield and portion be as long as life endures.*

*My chains are gone, I’ve been set free. My God, my Savior has ransomed me,  
And like a flood, his mercy reigns; unending love, amazing grace.*

*My chains are gone, I’ve been set free. My God, my Savior has ransomed me,  
And like a flood, his mercy reigns; unending love, amazing grace.  
Unending love, amazing grace.*

## Hearing the Word

Patti Lovell

1 Kings 19: 11-12

Elijah went into a cave and spent the night...The Lord said, “Go out and stand on the mountain before the Lord, for the Lord is about to pass by.” Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire. After the fire, there was a sound...Sheer silence.

## Homily

Elizabeth Horton

*“Finding Your Cave”*

## REFLECT

### Appointment with God and Communion

*“Meet Me Here”*

*Solo: Meet me here,  
Find me in my wanderings.  
Meet me here,  
Deep within my soul.*

Ellen Peterson

When we gather with friends around the table,  
we make sure to find time to listen—  
to find out how our friends are doing—what has happened in their lives.  
It is the way we stay connected. We listen.  
When we come to the table of Jesus Christ in our worship, we do the same thing.  
We come to reconnect to God and to our siblings in Christ.

Elizabeth Horton

We come to listen to the voice of the teacher saying to us once again,  
“Come, for the feast is laid to strengthen your journey.  
Come, be fed so you might be my Body in and for the world.”

*Solo: Meet us here,  
Call us from our wanderings.  
Meet us here,  
At your table now.*

Ellen Peterson

Our God be with you!  
**And also with you!**  
Lift up your hearts!  
**We lift them up to the Lord!**  
Let us give thanks to the Lord, our God!  
**It is right to give God thanks and praise!**

You created us, breathing your breath and Spirit into our bodies.  
You love us, embracing us even when we turn away.  
You are renewing us, calling us to listen to your voice in all of creation.

Wanting to whisper from your mouth to our ears,  
you came in human form.  
You not only spoke words of liberation and love  
but you also listened to the least among us.

And so as your church,  
we turn our listening to you  
and follow by listening to others and responding with care.  
We remember that last night at the table with the disciples  
and remember what you invited them to do:

*Solo: When you meet,  
Take the bread that is my life,  
Broken now.  
Feed the hungry world.*

Ellen Peterson

*Gather near.  
Take the cup that is my love,  
Poured out now  
For a thirsty world.*

And so we offer ourselves to continuing your work in the world.  
As your Body, with every act of justice, mercy, and grace in your name,  
we proclaim:

**Christ has died.  
Christ is risen.  
Christ will come again.**

So pour out your Spirit upon us and on these gifts of bread and cup,  
uniting us as your people,  
being your hands and feet,  
being your love in the world.  
Meet us here, O God, deep within our souls.

*Solo: Meet me here,  
Find me in my wanderings.  
Meet me here,  
Deep within my soul.*

Ellen Peterson

## **Receiving our Tithes and Offerings**

### **Prayer of Dedication**

Patti Lovell

**\*Closing Hymn**  
*“Take Time to Be Holy” [Insert]*

### **Closing Prayers**

Elizabeth Horton

## **PREPARE TO LISTEN IN THE WORLD**

### **Connecting**

### **\*Benediction**

### **\*Choral Benediction**

**We're so thankful that you are still speaking,  
You're still speaking, gracious God.  
For the sake of the world you are seeking,  
We are listening, listening now.**

Please pass the peace with your neighbors as you move into the world.

### **Music for Going Out**

**\*THOSE WHO ARE ABLE PLEASE STAND**

## Come and Find the Quiet Centre

374

F (Gm F) Dm B♭ F

1 Come and find the qui - et cen - tre in the crowd - ed life we lead,  
 2 Si - lence is a friend who claims us, cools the heat and slows the pace,  
 3 In the Spir - it let us trav - el, o - pen to each oth - er's pain,

F (Gm F) Dm B♭ F

find the room for hope to en - ter, find the frame where we are freed:  
 God it is who speaks and names us, knows our be - ing, face to face,  
 let our loves and fears un - rav - el, cel - e - brate the space we gain:

F C Dm Am F B♭

clear the cha - os and the clut - ter, clear our eyes, that we can see  
 mak - ing space with - in our think - ing, lift - ing shades to show the sun,  
 there's a place for deep - est dream - ing, there's a time for heart to care,

C Dm B♭ F Gm Am B♭ F

all the things that real - ly mat - ter, be at peace, and sim - ply be.  
 rais - ing cour - age when we're shrink - ing, find - ing scope for faith be - gun.  
 in the Spir - it's live - ly schem - ing there is al - ways room to spare!

Words: Shirley Erena Murray, alt. 1989

Music: attrib. Benjamin Franklin White 1844, harm. Ronald A. Nelson 1978

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BEACH SPRING

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# Take Time to Be Holy

Live in peace . . . and be holy. Heb. 12:14



1. Take time to be ho - ly, speak oft with thy Lord; a - bide in him
2. Take time to be ho - ly, the world rush - es on; spend much time in
3. Take time to be ho - ly, let him be thy guide, and run not be -
4. Take time to be ho - ly, be calm in thy soul, each thought and each



al - ways, and feed on his Word.      Make friends of God's chil - dren;  
se - cret with Je - sus a - lone;      by look - ing to Je - sus,  
fore him what - ev - er be - tide;      in joy or in sor - row  
mo - tive be - neath his con - trol;      thus led by his Spir - it



help those who are weak, for - get - ting in noth - ing his bless - ing to seek.  
like him thou shalt be; thy friends in thy con - duct his like - ness shall see.  
still fol - low thy Lord, and, look - ing to Je - sus, still trust in his Word.  
to foun - tains of love, thou soon shalt be fit - ted for ser - vice a - bove.

WORDS: William D. Longstaff, 1882  
MUSIC: George C. Stebbins, 1890

HOLINESS  
6.5.6.5.D.

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## *Upcoming Events*

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**SPECIAL THANKS** to Buddy Lohr and his son, Jay, for the new storage cabinet for our new communion ware. Thanks, also to Rich Johnson for painting the new cabinet and choir closet to match.

**NOISY OFFERING!** Today and next Sunday a **NOISY OFFERING** to be collected for the **Back Pack Program for Easter Break** for South Lexington School.

**COMMUNITY LENTEN SERVICES** continue Wednesdays throughout Lent at First Lutheran Church.

**VOLUNTEERS NEEDED FOR TOUCHING DAVIDSON COUNTY WITH LOVE** as project managers and general workers. Please see the sign-up form in the narthex if you can help! The deadline to sign up is March 4<sup>th</sup>.

### **BUILDING AN INCLUSIVE CHURCH PROCESS**

**February 18<sup>th</sup> at 3:00pm...Forum #2 {Fellowship Hall}** LGBT and Families Sharing their stories – Belinda Yates, Betty Barr, Lisa Nelson & Michell Winters.

**February 25<sup>th</sup> at 5:00pm...Welcoming Task Force meeting at church {Parlor}**

**LENTEN LUNCH & LEARN** study begins Tuesday, February 20th from 12:00-1:00pm in our church Parlor.

**FAMILIES FIRST MEAL AND MEETING** on **February 25<sup>th</sup>** in the Fellowship Hall to discuss plans for future activities.

**REMINDER FOR THE FRIENDSHIP CLUB** meeting Tuesday, February 27<sup>th</sup>. Catered lunch and entertainment. See Cathy today if you're interested in attending. The cost is \$10.00.

**VOLUNTEERS NEEDED FOR VACATION BIBLE SCHOOL** Thank you to Linda Sink for volunteering as contact person for VBS. We still need volunteers to serve as teachers and/or group leaders. Please contact Cathy by March 11 if you are interested.

**"40 BAGS in 40 DAYS" DECLUTTER CHALLENGE** will continue until March 29<sup>th</sup>. Sign up to take challenge at [facebook.com/girlscouts2160](https://www.facebook.com/girlscouts2160) or [instagram.com/girlscouts2160](https://www.instagram.com/girlscouts2160) or by letting Kivi Miller know you plan to participate.

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## *Looking Ahead to Next Month*

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**One Great Hour of Sharing on March 11**

**Girl Scout Sunday on March 11**

**Interfaith Forum #3 on March 11 at 4:00**

**Catawba Singers on March 18 at 3:00**

**Touching Davidson County with Love on March 24**



## CALENDAR OF EVENTS

### **Sunday, February 18 FIRST SUNDAY IN LENT...HOLY COMMUNION**

- 9:45am Children – studying Joseph with Cathy Waitman  
New Way – studying Mark with Dave Fulton  
Willing Workers – studying Luke with Doug Sink  
Pastor’s Discussion class –studying “**Let Your Life Speak**” by Parker Palmer  
with Elizabeth Horton
- 11:00am Worship in the Sanctuary {Noisy Offering for Backpack Program  
for South Lexington School}
- 3:00pm Building an Inclusive Church - Forum #2: LGBT and Families Share their Stories  
Belinda Yates, Betty Barr, Lisa Nelson & Michell Winters{FH}

**Monday, February 19** 5:00pm Tutoring  
6:00pm Open Hands Ministry {FH}

**Tuesday, February 20** 10:00am Weaving Women {WW Classroom}  
12-1:00 Lenten Lunch & Learn {P}  
7:00pm Women’s Life Fellowship {p}

**Wednesday, February 21** 6:30pm Bell Choir {Bell Room}  
7:15pm Choir {Ch. A}

**Thursday, February 22** 5:30pm YOGA Class {P}  
7:00pm Square Dancing {FH}

### **Sunday, February 25 Second Sunday in Lent**

- 9:45am Children – studying Joseph with Cathy Waitman  
New Way – studying Mark  
Willing Workers – studying Luke with Doug Sink  
Pastor’s Discussion class – studying “**Let Your Life Speak**” by Parker Palmer  
with Elizabeth Horton
- 11:00am Worship in the Sanctuary...**Noisy Offering for Back Pack Program  
for South Lexington School**
- 12:15pm Families First Covered Dish Lunch and meeting {FH}
- 5:00pm Welcoming Task Force {P}

### **Celebrating Birthdays and Anniversaries {February 18-24}**

Birthdays	February 18	Kalyssa Hutchens
	February 19	Susan Morris
	February 20	Frank Callicutt Janette Neal
	February 23	Susie Smith
	February 24	Megan Horton
Anniversaries	February 20	Larry & Betty Link

## *Thank You for Serving in Our Church*

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**THE FLOWERS ON THE ALTAR** today are given to the glory of God and in loving memory of Dr. Jacob Calvin Leonard, Sr.; given by his granddaughters, Rhonnie and Merle.

**USHERS:** James Gray, John Smith, Raeann Allred, Michell Winters

**PLATE ATTENDANT:** TBD

**YOUTH USHER:** Jonathan Kepley

**SOUND TECHNICIAN:** Jeremy Peterson

**ACOLYTE:** Parker Horton

**GREETERS:** Buddy & Rita Lohr

**BIBLE STEWARD:** Patrick Horton

**NURSERY {INFANTS-KINDERGARTEN}:** Belinda Yates & Rita Lohr

- ❖ **A wall unit changing table is located in our handicapped restroom {through left door at chancel.}**
- ❖ **A comfort area with rocking chair, monitor and speaker is available if you need to leave the sanctuary to calm or soothe a baby or young child {through left or right door at chancel.}**

## *Our Church at Prayer*

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We extend sympathy to J.W. Bates, Susan and Calvin Odom, Gary and Jennifer Bates and their families upon the death of their loved one, Betty Smith Bates. Please be in prayer for the family during this difficult time.

**PRAYER CONCERNS:** Remember those in the Armed Forces. To add a name to the prayer list please contact Sylvia Walser at 336-225-2964 or the church office.

**CHURCH MEMBERS:** Carolyn Spivey, Peggy Bates, Ruth Fritts, Margot Everhart, Margie & Vogen Everhart, Ruth Essick, J.W. Bates

**HOMEBOUND MEMBERS:** Lib & Jimbo Hinkle, Jo Hudson, Valerie Price, Joyce Price, Rita Tussey, Adena Wall, Marzell Crotts, Hoyle Potts, Doris Flynt, James Everhart

**OUR FRIENDS:** Albert Evans (Harriette Murphy's brother), Lynn Mack (friend of Mary Berrier), Julia Clodfelter (Deanna Michael's sister and Mary Berrier's sister-in-law), Doris Brown (Mike & Lynn Brown's sister-in-law), Ronald Yates, (Eddie Yates' dad), Debra Craver (friend of Alisa Johnson), Sharon Ward (friend of Alisa Johnson), Delores Martin (Sylvia Walser's sister), Martha Moore (friend of Frank Leonard), Eric Varnadore (Carol Varnadore's son), Ashley Anderson (Lee Ann Peele's cousin), Nancy Barr (Betty Barr's mother-in-law), Judy Stanley (family of Alane Holste), Nell and Ken Holmes (neighbors of Jerry and Patti Lovell), Jeffery Saunders (Amy Hedrick's son), Geraldine Westmoreland (Frank Westmoreland's mother)

FIRST REFORMED UNITED CHURCH OF CHRIST  
104 EAST CENTER STREET, LEXINGTON, NC 27292  
336-248-2617

Ministers: All Members of the Congregation

Pastor, Rev. Elizabeth Horton ([elizabeth@frucc.org](mailto:elizabeth@frucc.org), cell/text #336-972-8895)

Minister of Pastoral Care, Rev. June Grubb ([jgrubb3@triad.rr.com](mailto:jgrubb3@triad.rr.com))

Director of Christian Education, Cathy Waitman ([cathy@frucc.org](mailto:cathy@frucc.org))

Choir Director, Ellen Peterson      Organist, Lee Ann Peele

Admin. Asst., Carolyn Robbins ([carolyn@frucc.org](mailto:carolyn@frucc.org))

Financial Secretary, Paula Lopp ([paula@frucc.org](mailto:paula@frucc.org))