

**FIRST REFORMED UNITED CHURCH OF CHRIST
IS AN OPEN AND AFFIRMING CONGREGATION**

We welcome into the full life and ministry of the church all people, regardless of ability, age, education, ethnicity, family or marital status, gender identity or expression, income, nationality, political affiliation, race, sexual orientation, or any other distinction. At the baptismal font and at the communion table, from the nursery cribs to the church leadership, whether you were raised in a church or have never, before attended one, you are welcome here.

THANK YOU FOR SERVING

Liturgists: Smithie Parrish
Acolyte: Ethan Lovell
Bible Steward: Kyndell Lovell
Ushers: Eddie Yate,
Digital Media: Jeremy Peterson
Sound Tech: Dave Fulton

CHURCH STAFF

Rev. Elizabeth Parker Horton. *Pastor*
elizabeth@frucc.org
Rev. June Grubb, *Minister of Pastoral Care*
june@frucc.org
Jackie Mock, *Church Administrator*
jackie@frucc.org
Ellen Peterson, *Choir Director*
ellen@frucc.org

CHURCH OFFICE HOURS

Monday – Friday,
9-1 Walk-ins Welcome
1 – 1:30 Closed for Lunch
1:30 – 5 Please call ahead or make an appointment

First Reformed United Church of Christ
104 East Center Street, Lexington NC 27292
Please visit our website: www.frucc.org

All Who Hunger, Gather Gladly 234

1. All who hun - ger, gath - er glad - ly;
2. All who hun - ger, nev - er stran - gers,
3. All who hun - ger, sing to - geth - er;

Ho - ly man - na is our bread. Come from wil - der -
Seek - er, be a wel - come guest. Come from rest - less -
Je - sus Christ is liv - ing bread. Come from lone - li -

ness and wan - d'ring. Here, in truth, we will be fed.
ness and roam - ing. Here, in joy, we keep the feast.
ness and long - ing. Here, in peace, we have been led.

You that yearn for days of full - ness,
We that once were lost and scat - tered
Blest are those who from this ta - ble

All a - round us is our food. Taste and see the
In com - mun - ion's love have stood. Taste and see the
Live their days in grat - i - tude. Taste and see the

grace e - ter - nal. Taste and see that God is good.
grace e - ter - nal. Taste and see that God is good.
grace e - ter - nal. Taste and see that God is good.



**Homecoming Sunday
November 6th**

Plan to attend the 10:30 worship service with guest minister, Rev. Don Morgan.
Special music with Ken Davis and Jeremy Lovell.

This will also be a memorial service for members who have died this past year.
Enjoy lunch in the Fellowship Hall, catered by Cheryl Walser (chicken pie, sides, dessert and rolls. Drinks will be provided.)

Donations will be appreciated!



**October 23, 2022
The Worship of God
Twentieth Sunday after Pentecost**

Welcome to worship!

If you are new here or have a prayer request, please fill out a Communication Card found in the back of the pew. Drop it into the offering plate so we can connect with you.

Prelude

Bruce Tippet

Prepare your heart, body, and mind.
Slowly breathe and meditate on these words from Psalm 62:1
Inhale... *My soul finds rest*
Exhale... *In God alone*

***Chiming of the Hour**

Anthem

Lord, Lead Me, Lord

Choir

Welcome

Rev. Horton

***Call to Worship**

Smithie Parrish

Hungering and thirsting, we come to the Lord.
Jesus is the living bread!
Feed us with your love and healing power, O Lord.
Give us the bread of hope
and compassion that we may also feed others.
Praise be to you, O Lord, for your compassion for us.
Praise be to you, O Lord, for your steadfast love.

***Hymn**

All Who Hunger, Gather Gladly

back pg.

Opening Prayer

Rev. Horton

Scripture Reading

John 6:52-59

Rev. Horton & Smithie Parrish

⁵² Then the Jews debated among themselves, asking, "How can this man give us his flesh to eat?" ⁵³ Jesus said to them, "I assure you, unless you eat the flesh of the Human One^[a] and drink his blood, you have no life in you. ⁵⁴ Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day. ⁵⁵ My flesh is true food and my blood is true drink. ⁵⁶ Whoever eats my flesh and drinks my blood remains in me and I in them. ⁵⁷ As the living Father sent me, and I live because of the Father, so whoever eats me lives because of me. ⁵⁸ This is the bread that came down from heaven. It isn't like the bread your ancestors ate, and then they died. Whoever eats this bread will live forever." ⁵⁹ Jesus said these things while he was teaching in the synagogue in Capernaum.

Baking the Bread and Abiding in Christ

Preparing the Sourdough Starter: Mix together Flour, Water, and Salt. Over several hours the natural yeast from the starter and the gluten from the flour are combining smoothly to create a powerful, strong, stretchy dough. *This is the first rise.*

Hymn

Just As I Am Without One Plea

Verse

Just as I am, with - out one plea,
 Just as I am, though tossed a - bout
 Just as I am, thou wilt re - ceive,
 but that thy blood was shed for me,
 with many a con - flict, many a doubt,
 wilt wel - come, par - don, cleanse, re - lieve;
 and that thou bidd'st me come to thee,
 fight - ings and fears with - in, with - out,
 be - cause thy pro - mise I be - lieve,
 O Lamb of God, I come! I come!
 O Lamb of God, I come! I come!
 O Lamb of God, I come! I come!

Shaping the dough into a boule: Form into a shape, smoothing out the dough and creating a skin to trap the gases; which creates the holes you see in the bread after you bake it. *This is the second rise.*

One: When we don't have words for prayer, the flour and leavening become our prayer.
Many: Our hands transform the ingredients and express to God the lamentation and the hope, the fear and the joy.
 One: As soon as the flour is moistened, the starches and proteins begin to unravel and interlock.
Many: Let us be soothed by the rhythmic movements of stirring, scooping and scraping bowls.
 One: The sugars provide not only sweetness but structure. The salt preserves while elevating both sweet and savory notes and the eggs form the bonds between elements that otherwise would never intermingle.
Many: May the dough serve as a conductor of our collective restlessness as we shape the loaves.
 One: When these ingredients, inedible on their own, blend in a particular way and then face the heat, they are transformed.
Many: Might the same Spirit that is breathed into creation animate this community of creators.
 One: We bring to these ingredients the worries, fears and failures that collectively cling to us. Remembering in this holy act of creation that we too are transformed, as we reorient ourselves toward praise.
Many: What a gift to know so intimately the magnificence of God's material world.

Hymn

In Remembrance of Me

In remembrance of me, eat this bread.
 In remembrance of me, drink this wine.
 In remembrance of me, pray for the time
 When God's own will is done.

In remembrance of me, heal the sick.
 In remembrance of me, feed the poor.
 In remembrance of me, open the door
 And let your neighbor in, let them in.

Take, eat, and be comforted;
 Drink and remember too.
 That this is my body and precious blood
 Shed for you, shed for you.

In remembrance of me, search for truth.
 In remembrance of me, always love.
 In remembrance of me, don't look above,
 But in your heart look for God.
 Do this in remembrance of me.

Scoring the risen boule and baking: With a razor, slice across the top to create designs which will allow the bread to expand in the oven without blowing up. Immediately bake in a very hot oven.

At This Table

Ellen Peterson

Sharing the Bread

The Call to Give and to Serve

Rev. Horton

Jesus says those who abide in me will bear fruit. May our lives be a reflection of our deep abiding in Christ. May our congregation bear fruit in a hurting world. You'll find offering plates in the narthex or you can give online at www.frucc.org/give.

*Doxology

OLD HUNDRETH

Praise God from whom all blessings flow, Praise God all creatures here below.
 Praise God above ye heavenly host. Creator, Christ, and Holy Ghost. Amen

Prayer of Dedication

Smithie Parrish

*Benediction

Postlude

Bruce Tippette

USHERS NEEDED:

Please consider being an Usher
 All Sundays in Oct., Nov. and Dec. open.
 Contact Eddie Yates: bbqman46@gmail.com

CHARLES ENGLAND ELEMENTARY SCHOOL

Do you have some extra time during the week to Volunteer at Charles England School? If so, please contact: Jay Whitley
 Jay: cathyw.whitley@gmail.com

WEEKLY CHURCH CALENDAR

Sunday, 10/23	9:30am Adult Sunday School
	10:30am Worship Service
	4:00pm Intergenerational Pumpkin Painting Event <i>Hosted by Women's Fellowship</i>
Tuesday, 10/25	12:00pm Crucial Conversations on Faith and Race (2CFAR)
	7:00pm NAMI
Wednesday 10/26	11:00am Women's Fellowship @ Yarboroughs
	6:30pm Handbell Practice
	7:15pm Choir Practice
Thursday, 10/27	4-6:00pm Clothing Ministry Workday-Basement
Saturday, 10/29	12:00pm Saturday Lunch Ministry
	4:00pm Table Talk hosted by John Maze & Ben Hale (at there home)
Sunday, 10/30	9:30am Adult Sunday School
	10:30am Worship Service
	12:00pm Table Talk hosted by Eddie & Belinda Yates (Fellowship Hall)

PRAYER CONCERNS

Brian McKerlie, John Smith, J.W. Bates, Jimbo Hinkle, Bonita Hooper, Steve & Charm Ketner, Thomas Phillips

AT HOME: Peggy Bates, Ruth Essick, Gerri Hill, Lib Hinkle, Myrtle Latimer, Deanna Michael, Carolyn Spivey

IN CARE FACILITIES: Vogen Everheart, Sherry Bonner, Marguerite Leonard, Patti Everhart

OUR FRIENDS: Sarah Lovell Biggers (Jerry & Patti Lovell's daughter), Laura Turlington (Cousin of Cliff Lopp), Jack Poetzinger (Susie Smith's Father), Larry Sink (Cousin of Paula Lopp), Earl Parker (Rev. Horton's Father), Rena Y. Curia (sister to Cheryl Walser), Charles Hines (Friend of Alane Holste)



*Our Deepest Sympathy
 goes out to the family of Jeff Hutchens
 who passed Wednesday, November 19, 2022*